

Emergency Preparedness

Part 3: Every Day Carry (EDC)

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Why Am I Responsible?

Preparedness is everyone's job. Not just government agencies but all sectors of society -- service providers, businesses, civic and volunteer groups, industry associations and neighborhood associations, as well as every individual citizen should plan ahead for disaster.

During the first few hours or days following a disaster, essential services may not be available.

People must be ready to act on their own

Source: Colorado Office of Emergency Management

Why Carry EDC Gear?

- ▶ Are you often in need of tools or other equipment to perform common tasks?
 - Screw drivers, pliers, knives
- ▶ Are you concerned about self defense?
 - Pepper spray, whistle, firearm, kubaton, phone
- ▶ What other situations might you encounter?
 - Vehicle break-down, heavy weather, zombies

Types of EDC – Personal (Urban) EDC

- ▶ These are things you would have with you ALL THE TIME!
 - What you carry in your pockets, on your belt, etc
 - Small backpack, purse, book bag, etc
- ▶ Typical Items:
 - Money, wallet, identification, keys, watch, phone
 - Pocket knife, small multi-tool, lighter, flashlight
 - Sturdy belt, paracord bracelet
- ▶ Self Defense Items:
 - Kubaton, pepper spray, firearm, extra magazines

Types of EDC – Wilderness EDC

- ▶ Things to have with you when you go hiking or out for the day
 - Typically what can be carried in a small backpack or day pack.
- ▶ Carried in addition to your personal (Urban) EDC
- ▶ Typical items:
 - Jacket and extra clothing
 - Fire starting, signaling
 - Food and water
 - Emergency blanket/bivvy/poncho
 - First aid, bug repellent, bite kits
 - Sun block/lip balm
 - Maps, compass
 - Paracord
 - Small shovel, knife, small saw



Types of EDC – Vehicle EDC

- ▶ Larger backpacks or containers for other emergency kits
 - Seasonally adjusted for current or expected conditions
 - Items you would want to have with you on a long trip, in case you got stranded, or with which to help others
- ▶ Typical items:
 - Tool kits, jack, portable air compressor, jumper cables
 - Fire extinguisher, road flares
 - First aid kits
 - Snacks and water
 - Emergency blankets/sleeping bags
 - Road atlas



Additional EDC Items

- ▶ Flash Drive
- ▶ Spare eyeglasses, contact lenses, sunglasses
- ▶ Portable phone charger, car charger
- ▶ Pen/pencil and small writing pad
- ▶ Aspirin, ibuprofen, Tylenol, Band-Aids
- ▶ Mints, candy, gum
- ▶ Bandana/scarf
- ▶ Additional flashlights, headlamps, batteries
- ▶ Sturdy footwear

EDC Considerations

- ▶ Are your EDC items easy to carry?
- ▶ Are your EDC items LEGAL in all locations where you will be?
- ▶ Will you be carrying a backpack?
- ▶ Is your EDC gear strategy adjustable for different situations, climates, and conditions?

EXERCISE!

- ▶ What does your EDC consist of?
- ▶ Why did you select each item to carry?

The background of the slide is a dark blue-grey color with a faint, light-colored topographic map overlay. A compass rose is visible on the left side of the map, showing cardinal and intercardinal directions. The text is centered and rendered in a white, sans-serif font with a subtle drop shadow.

Get a kit

Make a plan

Be informed

Emergency Prep Resources

- ▶ <http://www.ready.gov>
- ▶ <http://www.fema.gov/areyouready/>
- ▶ <http://www.areyouprepared.com>
- ▶ <http://wildwoodsurvival.com>
- ▶ <http://preparedness.com/>
- ▶ <http://americanpreppersnetwork.com/>
- ▶ http://www.gonzosgarage.net/emergency_prep.html